



2017 Watchword

Thomas said to him, "Lord, we do not know where you are going. How can we know the way?" Jesus said to him, "*I am the way, and the truth, and the life. No one comes to the Father except through me.*" John 14:5-6

New Hope Moravian Church - 2897 Sandy Ford Road - Newton, North Carolina 28658 - 828-294-4802 - website

Moving Past...Fear, Worry, and Anxiety

"Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus." Philippians 4:6-7 (NLT)

As I write the Pastor's newsletter article for June 2017, I find myself surrounded by all kinds of reasons for new concerns and new challenges in my life; many as a result of the unexpected and sudden death of my beloved husband Jim on (April 24, 2017). Jim and I shared the better part of 40 years building our life and love relationship, sharing our deep-passion to serve God and others; together. As is understandable, I am deeply saddened by this sudden loss!

My life feels much like this fable: "Imagine you are in a wide-open field being chased by a vicious tiger. Your brain gets the emotional abrupt message; your adrenal gland starts pumping furiously, as your physical body prepares you for instant flight. You run for your life, in hope of your imminent survival; as the world around you friends and foe look on. You're sure, you are breaking the world record for the fastest run meter race, as you run; and then, suddenly you realize you've burn up all your excess adrenalin; you're now exhausted. Now what? Who will be there for you? What happens next? Where do you go from here...How will you make it?

In 2 Corinthians 12:9, we read the elegant and wise words of the Apostle Paul, "But he said to me, 'My grace is sufficient for you, for my power is made perfect in weakness.' Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me."

Scripture clearly states, we are to live in God's power and strength and not our human strength. Therefore, we are not to live our life in a state of anxiety and fear; running around aimlessly concerned. It depletes us; it can be depressing and disheartening; it wears us down. Perhaps, some of you know what I'm talking about...Perhaps; you have personally experienced some of these same emotions in your life. When we react to life and find ourselves in a state of fear, worry, or anxiety? We cannot think clearly. It stresses us out. It upsets the chemical balance of our body, which in turn, eventually causes us to pay dearly; through sickness or physical exhaustion. *Fear, Worry and Anxiety* is a killer. Therefore, in our weakness, we must trust God!

Some years ago, I created "five positive don'ts" on living life without...*Fear, Worry and Anxiety!* I won't say, I've always applied them, but I am now trying to use them and establish positive boundaries of more giving and receiving; at this time in my life. Together, God will sustain us, as we together build on all of life's new challenges. Together, we will be all God desires for us!

So, starting today, let's all pull together and help one another put God's love, mercy and grace into action: Let's all together move *past...*All our *Fear, Worry and Anxiety; Together!*

1. <u>Don't ignore your well-being</u>. Discipline yourself to live a well-balanced life: Make it a priority to get proper nourishment, exercise, rest, and a daily dose of God's Word! Proverbs 1:7 says, *"The fear of the Lord is the beginning of knowledge, but fools despise wisdom and instruction."*

2. <u>Don't (repress) your feelings.</u> Learn how to share them with a trusted friend. Remember negative emotions (bottled-up) cause us worry and anxious feelings; our feelings can be fickle. God's desire is for us to use what I call the FROG method: *Fully Rely On God! "Now faith is confidence in what we hope for and assurance about what we do not see"* Hebrews 11:1.

3. <u>Don't ignore your physical health.</u> Develop a well-balanced diet, and get plenty of vigorous physical exercise which, among many other benefits, helps burn up excess adrenalin. Proverbs 19:21 states, *"Many are the plans in a person's heart, but it is the Lord's purpose that prevails."*

4. <u>Don't ignore your need for social contact.</u> God created us to be in relationships with others. When Jesus walked upon this earth; His ministry involved relationship with the twelve disciples and others. Jesus also had close relationships with Peter, James and John, as he did with his friends, Mary and Martha and Lazarus. Proverbs 22:17-19 states, *"Pay attention and turn your ear to the sayings of the wise; apply your heart to what I teach, for it is pleasing when you keep them in your heart and have all of them ready on your lips. So that your trust may be in the Lord, I teach you today, even you."*

5. <u>Don't ignore your spiritual life.</u> Learn to trust God with every area of your life, and live in harmony with God's will and follow Christ's example: "And Jesus increased in wisdom and stature, and in favor with God and man" Luke 2:52. While on this earth Jesus developed intellectually, physically, spiritually, and emotionally; Jesus is our perfect model and example!

I'll close with this prayer: Lord Jesus, please help us to trust You for the new challenges of our life; the new normal. Help us not to worry or be anxious. Help us to purposefully follow You every day. Help us Lord to trust You every day for all our needs whether they are big or small. Lord, help us to experience Your peace, a peace that surpasses all human understanding, a peace that can only come from YOU! A peace that sustains us, no matter what circumstances, we may face....Thank You Lord for hearing our prayer....Gratefully in Jesus' Name....Amen."

With Much Love, Appreciation and Blessings,

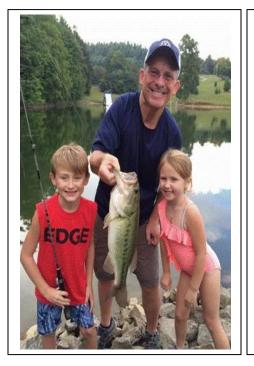
PASTOR BETTY HELMS RETURNS SUNDAY the 4th

TO THE PULPET!

Let us rejoice and show support of our beloved Pastor Betty by attending worship this Sunday June 4. We will celebrate her return with a good old *New Hope Family Covered Dish*. Please bring your favorites with more to share. Marge Furmage and the Fellowship Committee are in charge of this part. Betty respectfully requests that you hold off approaching her until after the service when she will have more time and flexibility to speak. It is also <u>Pentecost Communion</u>. See you there!

Laurel Ridge Church Camp Kids Fishing Day Out

Saturday, June 10



From Scarlett Dowdy, Camp Program Manager:

Saturday, June 10th, Laurel Ridge is inviting all children to the mountain for an afternoon of fishing on the summer camp lake. We hope you can come and bring any number of children from your congregation and beyond. The waterfront will be open for swimming, as well. Summer camp tours will be offered, especially for children considering their first camp experience.

Come as early as 1:00. Laurel Ride will have some fishing gear, but bring your own, as well. Feel free to bring a hotdog supper to roast. (Laurel Ridge summer staff will provide fires for the groups.)

Reservations not necessary. (But it would be nice to you're coming. Please send a reply to scarlett@laurelridge.org, 336-601-3034)

In addition to providing an afternoon in the outdoors, this is a great way to excite the children for the upcoming camping season.

Hope to see you on the mountain!

Erik Nelson Landon Wall Edison Skinner Folaranmi Afolayan Directed by John Jackman Music by Nicolas Repetto Cinematography by Richard Clabaugh

Comenius Foundation - Christian History Institute - Inspirata Films

The True Story of Amazing Grace



June 3, 2017 5 pm Dinner at Fries Memorial Moravian Church - \$10 /person

- Pork Loin, Roasted Potatoes, Vegetable, Salad, Dessert.
 - Pay at the door.
- Proceeds support youth going to CONVO 2017 in D.C.
- Reservations due by Thursday June 1st (frieschurch.org or call 722-2847)

June 3, 2017 7 pm "Newton's Grace" film premiere at Reynolds Auditorium

- The true story of John Newton (converted slave-trader and author of the hymn Amazing Grace)
 - Directed by Moravian pastor John Jackman
 - Q&A with stars and Jackman after the movie
 - Tickets available separately online and at the door(Reynolds Auditorium)

As a slave ship captain, he transported thousands of Africans to slavery in America. When God turned his life around, he became a pastor who fought to abolish the slave trade, and went on to write the most beloved hymn of all time. Fries Memorial Moravian Church 251 N. Hawthorne Rd Winston-Salem, NC 27104 (336) 722-2847 frieschurchjeff@gmail.com www.frieschurch.org

Newton's Grace Film Premiere

From director John Jackman, who brought the lives of John Wesley and Count Zinzenforf to the screen, comes a new film that tells the true story behind the beloved hymn *Amazing Grace. Newton's Grace* will premiere at the historic Reynolds Auditorium on Saturday, June 3rd at 7:00 PM. *There will be only one screening!* The film was shot over several years aboard a tall ship in Nova Scotia, and in various locations in North Carolina. This will be a chance to meet **Erik Nelson**, who portrays the young John Newton in the movie, and other actors as well. After the movie, director John Jackman will recognize the many local actors and crew who worked on the movie, and will answer audience questions. We will close the evening with a sing-along of Newton's most famous hymn, and there will also be an informal "meet-and-greet" in the lobby following the screening.

Newton's Grace Pemiere Saturday, June 3, 2017 – 7:00 pm Reynolds Auditorium 301 Hawthorne Rd NW, Winston-Salem, NC 27105

Tickets at \$12 for adults, \$10 for Students and Seniors, and \$8 for children under 12. Proceeds from the event will benefit Comenius Foundation's work to produce films about Christian history.

Movie information: http://www.newtonsgracethemovie.com Tickets: http://boxoffice.inspiratafilms.com



Exciting News Is Here... During the annual board retreat in January, it was noted that New Hope needs to replace their *thirty year old choir robes*. All of the leg work has been done by the worship committee so that this can be accomplished! Sample fabrics and robe styles have been looked at, the choice of what is needed has been made, choir members (both regular members and seasonal members) have been measured, and the order is ready to send.

The Stewardship and Commitment Committee has identifited several sources of existing funds that could be used for this project, but in addition, some congregation members and friends of New Hope have expressed a desire to contribute toward the purchase of choir robes. If you would like to help with a contribution, please make your check out to New Hope Moravian and write " choir robes" in the memo line.

We will be buying a total of 25 robes so that all who sing in the choir, both weekly and seasonally, will have a robe to wear. The cost per robe is approximately \$150 per robe.

We greatly appreciate any and all contributions to this project and everyone can appreciate the "new look" when the robes are "unveiled" after the choir summer break.



Thank you, Your Worship Committee



Canning Season is Approaching for Bazaar Goodies!

Please drop off any used or new jelly (8 oz.), pint or quart canning jars in the designated box near the church office. These will be used as we can salsa, beets, jellies and apples for the bazaar this year. Many Thanks!!



Save Your Empty Pint & Half-Pint or Quart Jars

Possible Defibrillator on Site

We are so pleased that there is a great possibility of having a defibrillator on site at our church. On Tuesday May 30 a representative of EMS came and introduced the concept, demonstrated one type of machine and showed us how easy it is to use this life saving machine. There are many different kinds out there at differing levels of cost, but they all do the same thing. Defibrillators are used in conjunction with CPR. The machines can also be used on all ages and sizes including preschoolers.

Approximately 10 members and our Preschool Director were present for this initial presentation. Watch for more news to come and on actual trainings. Very exciting!

Preschool Advisory Board

Thank you to Margaret Schultz who graciously serves as Chair of the CMO/Preschool Advisory Board. Other members of the board include Pam Prevatte, Shannon McDonald, Malissa Bumgarner, Nancy Miller, and Jennifer (Jenn) Morris, Preschool Director. This committee meets quarterly to discuss the program's well-being. Our next meeting is scheduled for Thursday, August 10th at 7:00.



Let's Hear it For Healthy Snacks!

Mission Committee Chooses to Support ECCCM's Student Hunger Prevention Program

In conjunction with our other mission outreach work, one of our goals for this year is to focus on healthier food for children at snack time. The food assistance program at ECCCM wishes to supply families with children grades K-12, Parents as Teachers Program and Early Head Start Programs with healthy snacks through their <u>Student Hunger</u> <u>Prevention Program</u>.

Please pick up and bring any of the following to the church collection basket: Trail Mix, Dried Fruits, Graham Crackers, Breakfast Bars, Nutella Snacks, Baked Chips, Pop corn (individual), Fruit cups (mandarin oranges, applesauce, <u>NOT</u> mixed fruit), Ritz cracker cheese snacks, Cheese-its, Gold Fish, Squeezable Fruits. Mission Committee, 2017

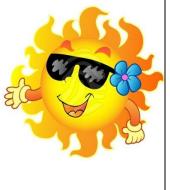
"THE ONWARD" MORAVIAN MISSION NEWSLETTER

Please put this in your search engine to read all about what's happening around the world:



http://moravianmission.org/june-2017-onward/

NEW HOPE SUMMER CAMP!!



Tuesday – Thursday 8:30-11:30

Lunch Bunch 11:30-12:15

Ages 18 mo. - 10 yr. old

June 13th – August 17th (off week of July 4th)

\$110 per month for 2 days/week

\$125 per month for 3 days/week

Jenn Morris will be directing this program.

There will be Teacher Workdays on June 9 & 12 to prepare.

Let's Have Some Fun!	Don't forget about School
-Outdoor Play	-Writing Activities
-Sand and Water Play	-Math Games and Activities
-Crafts	-Summer themed projects
-Music	-Science Experiments

Our building is being used in a very positive way in the summer. This is good stewardship of the gift of this lovely place of worship.

Thank You Notes And Gratitude's

Dear New Hope,

We both feel blessed to officially become part of this congregation. The New Hope family has welcomed us with open arms and hearts. The great food and Christian fellowship at the New Member Reception was such a unique way to celebrate this occasion. Thanks for the kindness. In Christian Love, Roberta Frazier and Pam Gilbert

Dear New Hope,

Thank you so much for the prayers for my family during this difficult time after the death of my father, Robert Lawton. In fact, thanks for the prayers and support for Mark and I over the last several years through the sudden death of my brother John followed by my Mom, Janice. You have truly been a family to Mark, Trevor, Meggie and I. Sincerely, Malissa Bumgarner

Dear Ladies,

Thank you so much for the delicious meal you prepared for Harvey and me during a busy week when Harvey and me when evening meal prep times were limited. Harvey appreciated not having to cook for himself while I was tied up at church. Thank you also for the prayers and concerns during his procedure and recovery. It was very successful and we thank God for that. We also thank God for all of you and the blessings you are to us. We love you all.

Phyllis and Harvey Little

Dear New Hope,

Your thoughts and prayers were greatly appreciated. (surgery) Thanks for the meals, visits and concern. This church family really does "pass it forward". Pam Gilbert

These Agencies Have Acknowledged the Following Donations:

Family Care Center of Catawba Valley-

Helping Homeless Families With Dependent Children Become Self-Sufficient. From Candle Tea: \$500.00

Family Guidance Center- Caring For Families Since 1958. First Step Domestic Violence Program and Shelter From Candle Tea: \$500.00

- Hospice of The Catawba Valley From Candle Tea: \$500.00
- Sipe's Orchard Home- Agency Rep came and spoke on National Orphan Day Special offering collected: \$500.00

Children's Advocacy & Protection Center of Catawba County-

Special program- Pinwheels Against Child Abuse. Church members participated with our Preschool by donating towards pinwheels to be placed at the Zara Baker All Children's Playground. After they were done at the Zara Park ours came back to New Hope and were placed on the grounds to show a visible sign that we are serious about abused and neglected children. Total donation collected from Preschool & church: \$120.00

Please consider participating in this awesome event to be held in Winston this summer. Evening concerts are known to be worth the trip in to town. Carpooling can be arranged

25тн MORAVIAN Home Concerts Moravian **MUSIC FESTIVAL** Workshops Church Fellowship JULY 23-29, 2017 ♪ WINSTON-SALEM and Williams Worship Auditorium Celebrating a rich musical heritage! Music, both historic and newly composed! Music Leaders: John Sinclair, Chris Wormald Deborah Rice, Anne Saxon, Beth Juran Donna Rothrock, Allen Frank, Joni Roos Mary Wilson, Jonathan Sidden Chorus Handbells Concert Band Chamber Music **Trombone Choir** Children's Choir

All ages (adult, youth, children) and skill levels are welcome, from beginner to director, Moravian and non-Moravian.

Pray Every Day June 2017

1. There is joy in the presence of the angels of God over one sinner who repentance. Pray for ongoing outreach through Moravian Churches to rebuild homes in North Carolina.

2. May the Lord direct your hearts to the love of God and to the steadfastness of Christ. Pray for 15 Mission Areas and 5 Mission Provinces of the Moravian Unity.

3. He awakens me morning by morning: he awakens my ear to listen as a disciple. Pray for the Marshall Mission Outreach of the Alaska Moravian church.

4. Sunday. You shall acknowledge no God but me, no Savior except me. Pray for the construction of a radio tower that will allow the Word of God to be broadcast into Sierra Leone, Liberia, and Guinea.

5. We may be able to console those who are in affliction with the consolation which we ourselves are consoled. Pray for the Moravian churches and missions in Peru.

6. O Lord my Lord, act on my behalf for your names sake. Pray for the Armando Rusindo Mission Foundation aiding the Cuban Moravian church. The kingdom of God is peace and joy in the Holy Spirit.

7. Pray for the Farmhouse at Frys Valley Moravian Church in Philadelphia, Ohio's rural immersion mission.

8. Bless the Lord, who forgives all your iniquity, and heals all your diseases. Pray for volunteers who run soup kitchens and feed the hungry.

9. They rejoice before you as with joy at the harvest. Pray for Allen and Deedee lobst in Spain in campus ministry.
10. You are my Lord; I have no good apart from you. Pray for missions and Justin Rabbach, MVR Director.

11. Sunday. You will receive power when the Holy Spirit has come upon you. Pray for Phil & Eunice Raiford, Mexico.

12. Do not be intimidated, but in your hearts sanctify Christ as Lord. Pray for Antioch servants and Jill Kolodziej, Antioch Director.

13. As for me, I would seek God, and to God I would commit my cause. Pray for the Medical Clinic and the church in Ahuas, Honduras.

14. When they called to me, I will answer them. Pray for Phil and Ashley Sineath in Campus Outreach Global.

15. All belong to you, and you belong to Christ, and Christ belongs to God. Pray for R and B in the Sudan.16. The righteous will shine like the sun in the kingdom of their father. Pray for the advisory board of the Unity Women's Desk.

17. If you had only recognized on this day the things that make for peace! Pray for Moravians in Albania, the most atheistic country in Europe.

18. Sunday. I will protect those who know my name. Pray for Annie B. Mission with Star Mountain in Palestine.

19. Since the wise have rejected the word of the Lord, what wisdom is in them? Pray for the Solar Program and the Food Program in the Sierra Leone Moravian Church.

20. I will not leave you orphaned; I am coming to you. Pray for the Likewise Aids Ministry as they strive to dispel the myths and non-truths of this devastating disease.

21. Because Christ was tested by what he suffered, he is able to help those who are being tested. Pray for Adopt A Village program in Tanzania.

22. When you have eaten your fill, take care that you do not forget the Lord. Pray for Ruth Snyder and Claire Wilson with "Changed Choices."

23. Oh Lord, be my arm every morning, my salvation in the time of trouble. Pray for Dr. Louis and Susan Sutton from Christ the King Moravian Church in Durham, NC as they are serving with WEC (World Evangelization for Christ).

24. With a solemn oath the Lord God of Israel promised to rescue us from our enemies. Pray for Kevin & Charity serving the Magi People in the Middle East.

25. Sunday. Do not be overcome by evil, but overcome evil with good. Pray for Charlie & Vickie Brent and Family serving in campus ministry in TX.

26. Do not take the word of truth out of my mouth. Pray for Michael and Brenda Brent serving with Campus Crusade in Croatia.

27. Has God rejected his people? By no means! Pray for Michael, Cecilia, and Blessing Tesh.serving at the Ray of Hope Orphanage in Kenya.

28. The heavens are telling the glory of God. Pray for Drs. Bill and Peggy Hoffman with HIV/AIDS ministry in Tanzania.

29. Are any among you suffering? They should pray. Pray for the Moravian Volunteer Resources and Moravian Disaster Response.

30. Let us run with perseverance the race that is set before us. Pray for Ed Dehnert and Barb Weide, Alaska Bible Seminary, Bethel, AK.

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JUNE 2017 NEWS LETTER

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